## Give Thanks



Thank the thankless so they know they are appreciated.

**First:** Make a list of people you interact with you think may not receive the appreciation they deserve (ie, neighbors, retail clerks, sanitation works).

**Second:** Craft cards of appreciation. You could do this on Canva, by hand, or whatever other way you enjoy!

**Third:** Remember--it's not about the artistic quality of the cards. The goal is to be sincere and specific in your appreciation.

Fourth: Pass out your creations with a smile.

**Fifth:** Strive to remember to express your appreciation to these same individuals even just verbally every time you interact with them.

**Take it a step further:** Apply for a Random Acts grant to help offset the cost of art supplies to spread kindness to even more people.

Need help completing your kindness act?

Reach out to our Student Group Coordinator for help with planning or assistance.

Need help with funding for your act? We can help you! Apply on the Random Acts website.

