

# Free Rice



Spare time at the end of class or meeting? Why not have some fun and do some good for others?

**First:** Meetings or class can sometimes end early, so if you need to fill that time meaningfully, go to the **Free Rice** website (<https://freerice.com/home>).

**Second:** By playing some of their trivia game, your correct answers earn rice grains for people struggling for enough food!

**Third:** You could also purposefully build time into your class or meetings to get those in attendance to also play, increasing the amount of food donations.

**Fourth:** To make it even more fun for everyone, make it a challenge to see who can get the most donations!

Need help completing your kindness act?

Reach out to our Student Group Coordinator for help with planning or assistance.

Need help with funding for your act? We can help you! Apply on the Random Acts website.

Changing the world one random act of kindness at a time

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