

Five Compliments



You are smart. I like your shirt. You are a good friend. You are very polite when you open the door. You are a good listener. Who doesn't love a compliment?

First: With a group of friends, organize a Compliment Day. On this day, challenge everyone to give five compliments. Some of these compliments should be to students you don't talk to regularly!

Second: Talk to a teacher or school administrator to see if this is a day you could get the entire school involved in. If you get permission, promote the day to your classmates by making posters and signs, explaining the challenge and why it's important.

Third: If Compliment Day goes well, perhaps your administrator will let you schedule another one!

Need help completing your kindness act?

Reach out to our Student Group Coordinator for help with planning or assistance.

Need help with funding for your act? We can help you! Apply on the Random Acts website.

Changing the world one random act of kindness at a time

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