

First Response: Thanks!

First responders in our communities give so much of themselves to help others. Take time to show your appreciation for that!

First: Identify which first responders in your community you want to show appreciation for. EMTs, fire rescue, and police are all good choices, but see if you can think of others, too!

Second: Figure out a way to thank them for all their hard work--this could be catering a meal, writing thank you cards, or putting together a care basket.

Third: Touch base with someone at the first responders' officer to make sure there is no conflict of interest in donating. Some organizations have limits as to what they can and cannot accept. But, emphasize that it is a surprise.

Fourth: Pick a day and deliver your treats! Remember--it can be as big or as a little of a gesture that you want. It's not about how much--it's just about remembering to say thanks!

Take it a step further: Apply for a Random Acts grant to help offset the cost of supplies!

Need help completing your kindness act?

Reach out to our Student Group Coordinator for help with planning or assistance.

Need help with funding for your act? We can help you! Apply on the Random Acts website.

