

Cards for Kids



There are a lot of kids in hospitals who can feel lonely or sad, particularly during the holidays. By creating cards for kids experiencing this, you can help them experience kindness and joy.

First: Contact a local hospital with a children's wing or find one of the existing Cards for Kids online groups, such as www.cardzforkidz.org. Find out exactly what the requirements are for creating and, eventually, distributing these creations.

Second: Using construction paper and art supplies, make a card for a kid. This can be done around an upcoming holiday or just a general "thinking of you" expression.

Third: If you want to make more than one, maybe get together a group of friends to help make more! Or, ask a teacher if you can lead the class in creating cards.

Fourth: Distribute your artwork and spread joy!

Take it a step further: Work with an adult to apply for a Random Act grant to offset the cost of art supplies and make even more cards throughout the year.

Need help completing your kindness act?

Reach out to our Student Group Coordinator for help with planning or assistance.

Need help with funding for your act? We can help you! Apply on the Random Acts website.

Changing the world one random
act of kindness at a time

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